



RONALD MCDONALD
HOUSE CHARITIES
OF SOUTH FLORIDA

ADOPT-A-MEAL PROGRAM



The Adopt a Meal program provides a much needed support service for our families who are taking care of their sick children and often don't have the time, funds, or energy to prepare a healthy, home-cooked meal.

www.RMHCSouthFlorida.org

4 SIMPLE STEPS TO SEPARATE THE DATE ON THE CALENDAR AT ANY OF THE HOUSES:



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1

RESERVE YOUR DATE BY CALLING ONE OF THE HOUSES AND FILLING THE PARTICIPATING FORM

2

CALL EACH HOUSE TO VERIFY NUMBER OF HOUSE GUESTS AND AMOUNT OF FOOD TO BRING

3

PLEASE BRING DISPOSABLE PLATES, NAPKINS, BEVERAGES AND UTENSILS FOR MEALTIME

4

PLEASE CONFIRM WITH HOUSE STAFF: MENU THAT WILL BE SERVED. NO FOOD RESTRICTIONS.

OTHER SUGGESTIONS:

- Meals can be delivered, catered, prepared at the House kitchen or BBQ grills on the Patio.
- Donate \$175.00 and sponsor a single meal for the entire house.
- If cooking in the House kitchen, you may arrive as early as you need to in order to prepare and serve your meal on time. Most cooking utensils are available at the House. If cooking in the patio, propane tanks MUST be provided by the donor.

During the meal it is NOT necessary to wear hairnets, HOWEVER serving gloves are mandatory. Please do let our office know when you or your group is ready to serve and someone from the staff will shortly, make an announcement for our guest families to come out and enjoy!

Once guest families have served themselves, please have your group clean up and organize the left over meals in sealed containers and place in the refrigerator. Label them with date and name of item. All utensils need to be placed in the dishwashers for cleaning.

This is one of the most satisfying and appreciated volunteer efforts in our organization. **Coming home from the hospital to a home-cooked meal, made by people who care, is a phenomenal and loving gift to our families!**



ANY MEAL IS WELCOME!

BREAKFAST ▶ served at 9 A.M.

LUNCH ▶ served at 12 P.M.

DINNER ▶ served at 6 P.M.

BRUNCH ▶ Available only during weekends
Served around 10 A.M. or 11 A.M.

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